

CRAIG
Marchant



PROFESSIONAL SPEAKER AND
MENTAL HEALTH ADVOCATE

Speakers Introduction

Now it gives me great pleasure to introduce Craig Marchant to the stage.

Craig has suffered from mental illness for most of his life and today he wants to share that story with you and show you how you can manage your own mental health more effectively.

He is a soon to be published author and mental health advocate.

So, without further ado, please welcome Craig.

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