



## PROFESSIONAL SPEAKER AND MENTAL HEALTH ADVOCATE

### Speaker Biography

For some people suffering from a mental illness, just waking up and going to work each day can be a huge challenge. Let alone to dream of Trekking the Ancient Inca Trail in Peru.

But for Craig Marchant, this awe-inspiring dream became a reality and with it, a newfound passion which helped ignite his own personal goal of helping those who suffer mental illness as well.

As a seasoned business entrepreneur in the Information Technology sector including being the Chief Technical Officer for one of Australia's fastest-growing web hosting and domain name businesses, Craig has a unique understanding of what it takes to succeed.

Having been diagnosed with Depression and Schizophrenia at a young age, Craig has learned how to manage his illness while getting on with life.

Craig can speak on a number of mental health topics, including Depression, Schizophrenia, Suicide / Suicide Prevention and Anxiety.

Come and take the journey with Craig and listen as he shares his amazing story of inspiration and courage.

Craig is married to his wonderful wife Kendyl, has five children, 3 cats and some fish. Craig travels from Melbourne, Australia and is happy to speak and consult all around the world.